



CRAWL						
	25m	50m	100m	200m	400m	
		00:43.78	1/04-Chatouaigrion		03:51.07	01/04-Chatouaigrion
		00:48.47	01/04-Chatouaigrion		04:14.96	21/01-Fougères
		01:03.69	01/04-Chatouaigrion		05:11.34	05/03-Vitré
00:21.78	Goltais R	00:38.27	Goltais R	01:29.33	01:45.20	Landais M
00:33.61	Benis A	00:43.78	Jamais LF		03:51.07	Jamais LF
		00:59.70	01/04-Chatouaigrion		03:24.74	01/04-Chatouaigrion
			01:49.80	01/04-Chatouaigrion		09:11.55
						05/03 - Vitré
		00:49:07	21/01-Fougères	02:03:64	04:01:82	01/05-Fougères
		00:42:82	21/01-Fougères	01:38:55	01/05-Fougères	03:40:90
		01:48:28	05/03-Vitré			08:50:79
		00:48:15	21/01-Fougères	02:01:62	21/01-Fougères	
		00:46:41	21/01-Fougères			
00:22.40	Grenier N	00:33:13	Goltais R	01:13:14	Goltais R	02:44:84
00:19:51	Jourmet A	00:38:23	Cardona L	01:30:72	Cardona L	05:53:73
				05:40:90	Grenier C	06:59:68

CRAWL						
	50m	100m	200m	400m	800m	
00:35.63	21/01-Fougères	01:20:80	01/05-Fougères	02:58.43	01/05-Fougères	06:31.15
00:44.24	21/01-Fougères	01:41.08	01/05-Fougères	03:33.20	01/05-Fougères	08:06.79
00:41.59	21/01-Fougères					07:25.98
00:37.89	22/04-Rennes	01:30.17	01/05-Fougères			06:56.87
00:40.70	21/01-Fougères			03:29.21	01/05-Fougères	07:34.27
00:35.74	21/01-Fougères	01:19:03	01/05-Fougères	02:58.79	01/05-Fougères	06:39.30
00:43.84	21/01-Fougères	01:47.34	11/12-Combourg	03:31.36	01/05-Fougères	07:32.92
00:38.68	21/01-Fougères	01:33.49	01/05-Fougères	03:27.21	01/05-Fougères	07:18.57
00:44.17	21/01-Fougères	01:47.75	21/01-Fougères	03:35.84	01/05-Fougères	07:50.73
						16:13.66
00:40.73	21/01-Fougères					07:12.30
00:36.12	21/01-Fougères	01:22.40	21/01-Fougères			06:31.96
00:43.41	21/01-Fougères	01:40:02	21/01-Fougères			17:17.44
00:28.81	Goltais R	01:04.59	Goltais R	02:33.18	Goltais R	05:17.42
00:32.34	Goltais S	01:14.52	Goltais S	02:54.69	Goltais S	05:59.95
00:34.96	21/01-Fougères	01:20:63	21/01-Fougères	03:03.24	01/05-Fougères	06:14.90
00:32.89	20/11-Fougères	01:15.09	19/11-Fougères	02:48.31	05/11-Rennes	
00:28.29	01/05-Fougères	01:01.55	05/11-Rennes	02:30.33	11/12-Combourg	05:09.96
00:34.18	21/01-Fougères	01:17:62	21/01-Fougères	02:59:65	01/05-Fougères	06:30:26
00:40:40	17/12-Vitré	01:26:19	11/03-Chartres			
00:37.44	22/04-Rennes	01:24.17	11/03-Chartres			
00:30.37	05/03-Chartres	01:10.49	15/01-St Brice	02:45.08	12/03-St Malo	
00:34.48	17/12-Vitré	01:16.27	18/11-Fougères			
00:28.55	20/11-Fougères	01:04.35	11/03-St Malo	02:30:53	05/11-Rennes	
00:30.71	Landais A	00:59:24	Landais A	02:16:54	Landais A	05:08:63
00:30.15	Bunel M	01:08:99	Bunel M	02:39:46	Favaron M	05:48:42
00:31.83	22/04-Rennes	01:09.68	19/11-Fougères	02:37.57	20/11-Fougères	
00:37.44	17/12-Vitré					
00:31.76	20/11-Fougères					
00:36.52	20/11-Fougères	01:19:01	19/11-Fougères			06:47.88
00:33.40	05/11-Rennes					05/11-Rennes
00:32:03	20/11-Fougères	01:09.68	22/04-Rennes	02:34:70	22/04 - Rennes	05:31:22
						12/03 - St Malo
00:28.11	Olivier Q	01:01.18	Le Ray A	02:22:04	Le Ray A	05:33:56
00:31.28	Favaron M	01:08.31	Favaron M	02:33:91	Favaron M	05:31:22
						Favaron M
00:28.14	20/11-Fougères	01:02.47	19/11-Fougères			
00:30.51	17/12-Vitré					
00:32:07	20/11-Fougères	01:11.98	19/11-Fougères			
00:29.51	03/03-Rennes	01:07.25	20/11-Fougères	02:34:08	12/03-St Malo	05:35:07
00:27.36	20/11-Fougères	00:59:09	19/11-Fougères	02:12:02	20/11-Fougères	05:08:44
00:26.52	Dupont N	00:59:09	Olivier Q	02:12:02	Olivier Q	04:58:73
00:29.46	Nicolas C	01:07:25	Nicolas C	02:33:35	Nicolas C	05:29:29
00:26.54	20/11-Fougères	00:56.98	20/11-Fougères			
00:26.34	Dupont N	00:56:98	Dupont N	02:39:71	Poirier Th	06:04:42
00:40.44	Francannet A	01:34.38	Francannet A			
00:47.41	12/02 - Redon					
00:35.32	30/10 - Vitré	01:16.82	30/10 - Vitré	03:02:72	11/03-Chatouaigrion	
00:52.98	27/11 - Vitré					06:41.85
00:34.96	12/02 - Redon	01:38:03	27/11-Vitré			27/11 - Vitré
		01:31.57	27/11-Vitré			
						05:10.40
00:30.48	30/10 - Vitré	01:07:91	30/10 - Vitré			
00:29.24	12/02 - Redon	01:08:22	05/03 - Redon			
00:26.42	03/02 - Rennes	00:55:50	05/11 - Rennes			
00:39.14	27/11 - Vitré					
00:34:58	27/11 - Vitré					
00:25.48	Rocher F	00:55:50	Rocher F	02:06:35	Rocher F	04:46.11
00:29.44	Bouteloup V	01:07:85	Bouteloup V	03:02:72	Jourmet C	06:41:85
						10:03.94
						18:59.20
						Rocher F (1500 NL)

4 NAGES			
	100m	200m	
			0
			Jamais Léa (2008)
			Jourmet Jade (2008)
			Mongodin Lizzie (2008)
01:38.29	Goltais R		Records USLN - Historique H
02:16.57	Cardona L		Records USLN - Historique F
			Landais Martin (2007)
			Boutier Lormet Lara (2007)
			Favaron Alice (2006)
			Grenier Céli (2006)
			Marty Louis (2006)
			André Fabrice (2006)
			Felix Elise (2006)
01:25.23	Goltais R	03:08.63	Records USLN - Historique H
01:38.28	Goltais S	03:30.62	Records USLN - Historique F

4 NAGES						
	100m	200m	400m			
		03:28.51	21/01-Fougères			Boutier-Lormet Louane (2005)
		04:02.28	01/05-Fougères			Bouedo Ewen (2005)
		03:31:05	21/01-Fougères			Coustance Martin (2005)
				08:17.91	19/03 - Combourg	Jamais Louann (2005)
		03:39.18	21/01-Fougères			Landais Paul (2005)
		03:51.57	01/05-Fougères			Mongodin Louane (2005)
		03:50.96	01/05-Fougères			Tredet Paul (2005)
		04:06.48	01/05-Fougères			Blanchard Angèle (2004)
						Borde Elise (2004)
						Bourden Tizian (2004)
		03:33:50	21/01-Fougères	07:12:58	19/03 - Combourg	Philippot Mauden (2004)
						Pirrot Maïlys (2004)
01:15.13	Goltais R	02:43:83	Goltais R	06:15:37	Landais A	Records USLN - Historique H
01:29.57	Goltais S	03:07:84	Goltais S	07:01:26	Cardona L	Records USLN - Historique F
		03:24.38	21/01-Fougères	07:13:67	19/03 - Combourg	Calvez Louis (2003)
		02:52:27	21/01-Fougères			Cristol Laurence (2003)
01:14:80	11/12-Combourg	02:30:35	21/01-Fougères	07:08:17	19/03 - Combourg	Goltais Ronan (2003)
						Grenier Nemo (2003)
						Jourmet Alexis (2003)
						Delalande Kézia (2003)
						Pauline Maëlle (2003)
						Bunel Morgane (2002)
						Carret Romane (2002)
						Jourmet Alexis (2002)
						Landais Nicolas (2002)
01:14:80	Goltais R	02:30:35	21/01-Fougères	06:26:22	LeRay A	Records USLN - Historique H
01:21:20	Goltais S	02:57:73	Landais A			Records USLN - Historique F
						Beneux Maëlle (2001)
						Blanchard Lalie (2001)
						Jacq Colin (2001)
						Goltais Solenn (2001)
		03:20:08	05/11-Rennes			Schahf Claire (2001)
						Brossas Elise (2000)
						Calvez Marine (2000)
						Favaron Mathilde (2000)
						Gauthier Maëlys (2000)
		02:39:35	Le Ray A	05:51:82	Le Ray A	Records USLN - Historique H
		02:56:81	Favaron M			Records USLN - Historique F
						Andrée Chloé (1999)
						Homard Gwenaëlle (1999)
						Le Ray Antoine (1999)
		02:43:17	14/01-St Briceuc			Colin Elise (1997)
						Lesouaun Emma (1999)
01:28.21	05/11-Rennes					Schahf Theo (1999)
		02:46:37	14/01-St Briceuc	06:13:95	12/03-St Malo	André Constance (1997)
		02:46:06	05/11-Rennes			Nicolas Camille (1997)
						Olivier Quentin (1996)
01:16.46	Nicolas C	02:38:30	Dupont N	06:13:95	Nicolas C	Records USLN - Historique H
		02:45:91	Nicolas C			Records USLN - Historique F
		02:25.81	03/12-Brest			Dupont Nicolas (1996)
		02:25.81	Dupont N			Records USLN - Historique H
						Records USLN - Historique F
01:54.70	04/03 - Redon					Blanchard Séverine
						Borhommie Véronique
						Cristol Adélaïde
						Herman Natacha
						Jourmet Christine
						Landais Nadège
						Lecoq Martine
						Lormet Maëlis
						Nico Gabrèle Valérie
						Simon Virginie
						Blard Cyril
						Benis Ewan
						Boutier Rodolphe
						Cardona Jéf
						Cotonnet Cécile
						Gabrine Ewan
						Harel Bastien
						Ménard Fabrice
01:19.56	04/03 - Redon					Novellon Laurent
01:14.71	05/11-Rennes			05:37.44	12/03 - St Malo	Remars Yann
						Rocher Flavien
						Sabaun Ronan
						Soussal David
						To Hao Kien
01:14.71	Remars Y	02:24:23	Rocher F	05:37:44	Rocher F	Records USLN - Historique H
01:54.70	Borhommie V	03:03:59	Bouteloup V	08:00:47	Landais N	Records USLN - Historique F