

CRAWL										
	25m	50m	100m	200m	400m					
		00:43.78	1/04-Chateaugiron			03:51.07	01/04-Chateaugiron			
		00:48.47	01/04-Chateaugiron			04:14.96	11/01-Fougères			
		01:03.69	01/04-Chateaugiron			05:11.34	05/03-Vitré			
00:21.78	Goltas R	00:38.27	Goltas R	01:29.33	Goltas R	01:45.20	Landais M			
00:23.61	Benis A	00:43.78	Jamais LF			03:51.07	Jamais LF			
		00:59.70	01/04-Chateaugiron			03:24.74	01/04-Chateaugiron			
				01:49.80	01/04-Chateaugiron			09:11.55	05/03 - Vitré	
		00:44.47	20/05-Fougères	01:50.78	20/05-Fougères	04:00.07	20/05-Fougères	04:44.10	01/05-Fougères	Favaron Alice (2008)
		00:41.31	20/05-Fougères	01:38.55	01/05-Fougères	03:40.90	01/05-Fougères	03:55.71	01/05-Fougères	Greiner Calli (2006)
				01:48.28	05/03-Vitré					Marty Louis (2006)
		00:48.15	21/01-Fougères	02:01.62	21/01-Fougères					André Fabrice (2006)
		00:45.38	20/05-Fougères	01:33.81	20/05-Fougères					Felix Elise (2006)
00:22.40	Greiner N	00:33.13	Goltas R	01:13.14	Goltas R	02:44.84	Goltas R	05:53.73	Goltas R	Records USLN - Historique H
00:19.51	Journet A	00:38.23	Cardona L	01:30.72	Cardona L	05:40.90	Greiner C	06:59.68	Cardona L	Records USLN - Historique F

4 NAGES			
	100m	200m	
			0
			Jamais Léa (2008)
			Journet Jade (2008)
			Mongodin Lizzie (2008)
01:38.29	Goltas R		Records USLN - Historique H
02:16.57	Cardona L		Records USLN - Historique F
			Landais Martin (2007)
			Boutier Lormet Lara (2007)
			Favaron Alice (2006)
			Greiner Calli (2006)
			Marty Louis (2006)
			André Fabrice (2006)
			Felix Elise (2006)
01:25.23	Goltas R	03:08.63	Goltas R
01:38.28	Goltas S	03:30.62	Cardona L
			Records USLN - Historique H
			Records USLN - Historique F

CRAWL									
	50m	100m	200m	400m	800m				
00:34.66	20/05-Fougères	01:20.80	01/05-Fougères	02:58.43	01/05-Fougères	06:12.78	20/05-Fougères		
00:44.24	21/01-Fougères	01:36.70	20/05-Fougères	03:33.20	01/05-Fougères	08:06.79	21/01-Fougères		
00:41.59	21/01-Fougères					07:25.98	21/01-Fougères		
00:36.84	20/05-Fougères					06:56.87	21/01-Fougères		
00:40.53	20/05-Fougères	01:35.66	20/05-Fougères	03:29.21	01/05-Fougères	07:34.27	01/05-Fougères		
00:34.54	20/05-Fougères	01:19.03	01/05-Fougères	02:58.79	01/05-Fougères	06:25.70	20/05-Fougères		
00:41.08	20/05-Fougères	01:38.75	20/05-Fougères	03:31.36	01/05-Fougères	07:32.92	01/05-Fougères	15:52.84	19/03 - Combourg
00:36.83	20/05-Fougères	01:32.50	20/05-Fougères	03:27.21	01/05-Fougères	07:18.57	01/05-Fougères		
00:44.17	21/01-Fougères	01:47.75	21/01-Fougères	03:35.84	01/05-Fougères	07:50.73	01/05-Fougères	16:13.66	19/03 - Combourg
00:40.73	21/01-Fougères					07:12.30	21/01-Fougères		
00:36.12	21/01-Fougères	01:22.40	21/01-Fougères	02:53.09	20/05-Fougères	06:31.96	21/01-Fougères		
00:40.75	20/05-Fougères	01:40.02	21/01-Fougères	03:46.32	20/05-Fougères			17:17.44	19/03 - Combourg
00:28.81	Goltas R	01:04.59	Goltas R	02:33.18	Goltas R	05:17.42	Goltas R	11:08.59	Goltas R
00:32.34	Goltas S	01:14.52	Goltas S	02:54.69	Cardona L	05:59.95	Favaron M	12:39.07	Cardona L
00:34.96	21/01-Fougères	01:20.63	21/01-Fougères	03:03.24	01/05-Fougères	06:14.90	21/01-Fougères	25:37.43	(1500m 19/03 - Combourg)
00:32.64	11/06-Redon	01:13.04	21/05-St Malo	02:48.31	05/11-Rennes	06:19.51	21/05-St Malo		
00:28.29	01/05-Fougères	01:00.55	11/06-Blais	02:30.33	11/12-Combourg	05:09.96	01/05-Fougères	20:37.83	(1500m 19/03 - Combourg)
00:34.18	21/01-Fougères	01:17.62	21/01-Fougères	02:53.22	20/05-Fougères	06:30.26	21/01-Fougères	25:37.68	(1500m 19/03 - Combourg)
00:38.74	21/05-St Malo	01:26.19	11/05-Cherries	03:13.69	21/05-St Malo				
00:37.04	21/06-Rennes	01:24.35	21/05-St Malo	03:15.11	21/05-St Malo				
00:29.99	11/06-Redon	01:10.49	15/01-St Brieu	02:45.08	12/03-St Malo				
00:34.48	17/12-Vitré	01:16.27	18/11-Fougères	02:30.53	05/11-Rennes	05:53.13	21/05-St Malo		
00:28.55	20/11-Fougères	01:04.35	11/03-St Malo	02:30.53	05/11-Rennes	05:53.13	21/05-St Malo		
00:30.71	Landais A	00:59.24	Landais A	02:16.54	Landais A	05:08.63	Landais A	11:24.10	Cardona L
00:29.99	Bunel M	01:08.99	Bunel M	02:39.46	Favaron M	05:48.42	Beneux M	13:14.35	Collin E
00:31.83	22/04-Rennes	01:09.68	19/11-Fougères	02:37.57	20/11-Fougères				
00:37.44	17/12-Vitré	01:27.71	21/03-St Malo						
00:31.44	21/05-St Malo								
00:33.46	21/05-St Malo	01:17.52	21/05-St Malo			06:47.88	05/11-Rennes		
00:35.40	21/05-St Malo	01:22.78	21/05-St Malo						
00:33.40	09/11-Rennes								
00:32.03	20/11-Fougères	01:08.11	11/06-Redon	02:26.84	12/03 - St Malo				
00:28.11	Olivier Q	01:01.18	Le Ray A	02:22.04	Le Ray A	05:33.56	Dupont N	10:44.87	Le Ray A
00:31.28	Favaron M	01:08.11	Favaron M	02:26.84	Favaron M	05:31.22	Favaron M	11:29.33	Favaron M
00:27.90	11/06-Redon	01:02.47	19/11-Fougères	02:26.51	21/05-St Malo				
00:30.51	17/12-Vitré								
00:32.07	20/11-Fougères	01:11.98	19/11-Fougères						
00:29.51	03/03-Rennes	01:07.25	20/11-Fougères	02:34.08	12/03-St Malo	05:25.07	11/03-St Malo		
00:27.36	20/11-Fougères	00:59.09	19/11-Fougères	02:12.02	20/11-Fougères	05:08.44	11/03-St Malo		
00:26.52	Dupont N	00:59.09	Olivier Q	02:12.02	Olivier Q	04:58.73	Dupont N	10:59.81	Olivier Q
00:29.46	Nicolas C	01:07.25	Nicolas C	02:31.35	Nicolas C	05:29.29	Nicolas C		
00:26.54	20/11-Fougères	00:56.08	20/11-Fougères						
00:26.34	Dupont N	00:56.08	Dupont N	02:39.71	Poirier Th	06:04.42	Goni B		
00:40.44	Francannet A	01:34.38	Francannet A						
00:44.63	20/05 - Nantes								
00:34.28	20/05 - Nantes	01:16.82	30/10 - Vitré	03:02.72	11/03-Chateaugiron				
00:52.98	27/11 - Vitré								
00:34.96	12/02 - Redon	01:38.03	27/11-Vitré			06:41.85	27/11 - Vitré		
		01:31.57	27/11-Vitré						
						05:10.40	05/11 - Rennes		
00:30.48	30/10 - Vitré	01:07.91	30/10 - Vitré						
00:29.24	12/02 - Redon	01:08.22	05/03 - Redon						
00:26.42	03/02 - Rennes	00:55.50	05/11 - Rennes						
00:39.14	27/11 - Vitré								
00:34.38	20/05 - Nantes								
00:25.48	Rocher F	00:55.50	Rocher F	02:06.35	Rocher F	04:46.11	Rocher F	10:03.94	Rocher F
00:29.44	Bouteloup V	01:07.85	Bouteloup V	03:02.72	Journet C	06:41.85	Lormet M	18:59.20	Rocher F (1500 NL)

4 NAGES			
	100m	200m	400m
		03:28.51	21/01-Fougères
		03:57.93	20/05-Fougères
			Boutier-Lormet Louan (2005)
			Bouedo Ewen (2005)
			Coustance Martin (2005)
		03:31.09	21/01-Fougères
		03:47.65	20/05-Fougères
			08:17.91 19/03 - Combourg
		03:23.24	20/05-Fougères
		03:51.57	01/05-Fougères
		03:50.96	01/05-Fougères
		04:06.48	01/05-Fougères
			19/03 - Combourg
			Borde Elise (2004)
			Bourdon Tizian (2004)
		03:33.50	21/01-Fougères
		04:05.89	20/05-Fougères
			07:12.58 19/03 - Combourg
			Phlippot Mauden (2004)
			Pirrot Maïlys (2004)
01:15.13	Goltas R	02:43.83	Goltas R
01:29.57	Goltas S	03:07.84	Goltas S
			06:15.37 Landais A
			07:01.26 Landais A
			19/03 - Combourg
			Records USLN - Historique H
			Records USLN - Historique F
			Calvez Louis (2003)
			Cristol Laurence (2003)
01:14.80	11/12-Combourg	02:52.27	21/01-Fougères
		03:16.16	20/05-Fougères
			07:08.17 19/03 - Combourg
			Greiner Nemo (2003)
			Journal Alexis (2003)
			Delalande Kérah (2003)
			Pauline Maëlle (2003)
			Bunel Morgane (2002)
			Carret Romane (2002)
			Journal Alexis (2002)
			Landais Nicolas (2002)
01:14.80	Goltas R	02:30.38	Landais A
01:21.20	Goltas S	02:57.75	Beneux M
			06:26.22 LeRay A
			Records USLN - Historique H
			Records USLN - Historique F
			Beneux Maëlle (2001)
			Blanchard Lalie (2001)
			Jacq Colin (2001)
			Goltas Solenn (2001)
		03:20.08	05/11-Rennes
			Schaht Claire (2001)
			Brossas Elise (2000)
			Calvez Marine (2000)
			Favaron Mathilde (2000)
			Gauthier Maëlys (2000)
		02:39.35	Le Ray A
		02:56.81	Favaron M
			05:51.82 Le Ray A
			Records USLN - Historique H
			Records USLN - Historique F
			Andree Chloé (1999)
			Homard Gwenaëlle (1999)
			Le Ray Antoine (1999)
		02:43.17	14/01-St Brieu
			05:53.82 21/05-St Malo
			Colin Elise (1997)
			Lesouaun Emma (1995)
01:28.21	05/11-Rennes	02:46.37	14/01-St Brieu
			06:13.95 12/03-St Malo
		02:46.06	05/11-Rennes
			Olivier Quentin (1998)
01:16.46	Nicolas C	02:38.30	Dupont N
		02:45.91	Nicolas C
			05:53.82 Le Ray A
			06:13.95 Nicolas C
			Records USLN - Historique H
			Records USLN - Historique F
			Dupont Nicolas (1996)
		02:25.81	Dupont N
			Records USLN - Historique H
			Records USLN - Historique F