

PAPILLON				DOS			
Cat. Av / Pou		25m	50m	100m	50m	100m	200m
9 ans et -	Garçons	00:32.55	Gilbert L (14/01/12-Fougères)	00:54.01	Goltais R (31/03/12-Vitrea)		
	Filles	00:51.95	Gilbert L (14/01/12-Fougères)	00:53.15	Jamois Lé (03/06/17-Angers)		
10-11 ans	Garçons	00:22.73	Landais N (01/12/12-Cesson)	00:40.81	Goltais R (13/04/14-Redon)	01:47.48	Goltais R (10/11/13-Rennes)
	Filles	00:23.40	Bunel M (14/01/12-Fougères)	00:43.76	Goltais S (14/01/12-Fougères)	01:51.61	Cardona L (26/05/13-St Lo)
Cat. Benj et plus		50m		100m	200m		
12-13 ans	Garçons	00:32.66	Goltais R (15/05/16-Rennes)	01:21.70	Goltais R (24/01/16-Redon)	03:24.66	Goltais R (08/03/15-Redon)
	Filles	00:36.70	Goltais S (25/01/14-Vannes)	01:33.09	Bunel M (05/07/15-Fougères)	03:36.10	Cardona L (08/03/15-Redon)
14-15 ans	Garçons	00:29.04	Landais A (05/12/15-Rennes)	01:10.59	Landais A (12/06/16-St Malo)	02:58.46	Landais A (12/12/15- Vitrea)
	Filles	00:32.17	Bunel M (15/01/17-St Brieuc)	01:23.38	Goltais S (01/05/16-Avranches)	03:33.87	Cardona L (11/11/15-Rennes)
16-17 ans	Garçons	00:29.71	Le Ray A (20/03/16-St Malo)	01:07.22	Coutance M (20/11/21- Vitrea)	02:49.30	Le Ray A (11/11/15-Rennes)
	Filles	00:30.60	Bunel M (24/03/19-Carentan)	01:23.08	Bunel M (02/03/19-Rennes)	03:43.69	Andre C (10/11/13-Rennes)
18-20 ans	Garçons	00:27.85	Le Ray A (24/03/19-Carentan)	01:02.78	Le Ray A (16/06/19-Rennes)	02:34.54	Le Ray A (10/11/13-Rennes)
	Filles	00:31.62	Bunel M (07/12/19-Fougères)	01:16.78	Nicolas C (01/05/15-Avranches)	03:00.77	Nicolas C (25/06/16-Fougères)
21-24 ans	Garçons	00:27.93	Le Ray A (07/12/19-Fougères)	01:04.72	Le Ray A (16/11/19- Vitrea)	02:34.25	Le Ray A (10/11/19- Redon)
	Filles	00:34.10	Nicolas A (05/11/17- Vitrea)	01:38.34	André C (11/11/17-Rennes)	03:04.16	Nicolas A (10/11/18-Rennes)
25 ans et +	Garçons	00:27.59	Rocher F (26/03/15-Rennes)	01:01.74	Rocher F (11/11/17-Rennes)	02:51.90	Rocher F (12/03/17-St Malo)
	Filles	00:39.21	Journet C (01/12/19-Janze)	01:32.58	Journet C (03/12/17- Vitrea)	03:46.42	Journet C (10/11/19-Redon)

BRASSE				4 NAGES			
Cat. Av / Pou		50m	100m	200m	100m	200m	400m
9 ans et -	Garçons	00:49.02	Goltais R (30/06/12-Fougères)				
	Filles	00:57.52	Jamois Lé (03/06/17-Angers)				
10-11 ans	Garçons	00:45.08	Goltais R (01/05/14-Avranches)	01:36.90	Goltais R (01/05/14-Avranches)		
	Filles	00:48.11	Goltais S (30/06/12-Fougères)	01:51.53	Cardona L (26/05/13-St Lo)	03:59.01	Grenier C (01/05/17-Fougères)
Cat. Benj et plus		50m		100m	200m		
12-13 ans	Garçons	00:38.65	Landais A (20/04/14-Bain de Bne)	01:25.67	Goltais R (01/05/16-Avranches)	03:06.82	Goltais R (08/03/15-Redon)
	Filles	00:44.18	Goltais S (20/04/14-Bain de Bne)	01:36.07	Goltais S (01/05/14-Avranches)	03:33.19	Cardona L (08/03/15-Redon)
14-15 ans	Garçons	00:32.94	Landais A (06/12/15-Rennes)	01:15.12	Landais A (05/12/15-Rennes)	02:46.78	Landais A (11/11/15-Rennes)
	Filles	00:43.69	Cardona L (24/01/16-Redon)	01:34.50	Mongodin L (09/02/20-Chartres Bne)	03:31.52	Cardona L (21/11/15-Redon)
16-17 ans	Garçons	00:36.73	Goltais R (30/03/19-Chartres Bne)	01:22.16	Goltais R (19/10/19-Fougères)	03:00.57	Landais P (11/11/21-Rennes)
	Filles	00:40.57	Cardona L (08/12/18- Vitrea)	01:27.09	Cardona L (02/03/19- Vitrea)	03:35.10	Mongodin Lo (11/11/21-Rennes)
18-20 ans	Garçons	00:33.47	Landais A (07/12/19-Fougères)	01:14.39	Landais A (19/10/19-Fougères)	03:06.00	Calvez C (11/10/21-Fougères)
	Filles	00:37.59	Nicolas C (03/02/17-Rennes)	01:22.23	Nicolas C (19/11/16-Fougères)	02:57.92	Nicolas C (11/11/15-Rennes)
21-24 ans	Garçons	00:34.42	Le Ray A (07/12/19-Fougères)	01:30.85	Goni B (10/03/12-Fougères)	03:24.52	Goni B (15/10/11-Fougères)
	Filles	00:37.09	Nicolas C (06/04/18-Sarcelles)	01:24.56	Nicolas C (04/11/18-Janze)	03:02.65	Nicolas C (11/11/17-Rennes)
25 ans et +	Garçons	00:33.04	Boquet Q (08/02/15-Redon)	01:14.89	Boquet Q (30/11/14-Vannes)	03:03.59	Nouvellon L (22/03/18-Angers)
	Filles	00:40.90	Leblond C (24/02/19-Fougères)	01:29.52	Galesne V (05/03/17-Redon)	03:09.81	Galesne V (05/03/17-Redon)

NAGE LIBRE				4 NAGES			
Cat. Av / Pou		25m	50m	100m	200m	400m	
9 ans et -	Garçons	00:21.78	Goltais R (20/11/10-Cesson)	00:38.27	Goltais R (31/03/12- Vitrea)	01:29.33	Goltais R (31/03/12- Vitrea)
	Filles	00:33.61	Benis A (19/11/11-Cesson)	00:43.78	Jamois Léa (01/04/17-Chateaugiron)	03:45.20	Landais M (26/06/16-Fougères)
10-11 ans	Garçons	00:18.63	Phillipoot B (16/03/19-Chateaugiron)	00:33.13	Goltais R (01/05/14-Avranches)	01:13.14	Goltais R (01/05/14-Avranches)
	Filles	00:19.51	Journet A (01/12/12-Cesson)	00:38.23	Cardona L (26/05/13-St Lo)	01:30.72	Cardona L (26/05/13-St Lo)
Cat. Benj et plus		50m		100m	200m	400m	800m
12-13 ans	Garçons	00:28.74	Landais M (19/10/19 - Fougères)	01:04.59	Goltais R (01/05/16-Avranches)	02:28.59	Landais M (08/12/19-Combours)
	Filles	00:32.34	Goltais S (24/05/14-Fougères)	01:14.52	Goltais S (01/05/14-Avranches)	02:54.69	Cardona L (29/03/15-Combours)
14-15 ans	Garçons	00:26.71	Landais A (15/05/16-Rennes)	00:59.24	Landais A (20/12/15-Chiolet)	02:16.54	Landais A (15/05/16-Rennes)
	Filles	00:29.99	Bunel M (11/06/17-Redon)	01:08.99	Bunel M (15/05/15-Rennes)	02:39.46	Favoron M (14/12/14-Redon)
16-17 ans	Garçons	00:27.14	Goltais R (24/03/19-Carentan)	01:00.21	Goltais R (19/10/19-Fougères)	02:22.04	Le Ray A (22/11/15-Redon)
	Filles	00:29.20	Bunel M (08/12/18-St Brieuc)	01:06.10	Bunel M (08/12/18-St Brieuc)	02:26.84	Favoron M (11/06/17-Redon)
18-20 ans	Garçons	00:25.56	Cardona Th (07/12/19-Fougères)	00:56.07	Cardona Th (16/11/19- Vitrea)	02:04.34	Cardona Th (16/11/19- Vitrea)
	Filles	00:29.46	Nicolas C (23/11/14-Rennes)	01:06.13	Goltais S (16/06/19-Rennes)	02:31.26	Favoron M (10/06/18-Rennes)
21-24 ans	Garçons	00:25.91	Dupont N (16/06/19-Rennes)	00:56.98	Dupont N (20/11/16-Fougères)	02:14.98	Dupont N (28/04/18-Rennes)
	Filles	00:29.20	Nicolas C (25/11/17-St Brieuc)	01:06.45	Nicolas C (28/04/18-Rennes)	02:53.75	Brossais E (11/11/21-Rennes)
25 ans et +	Garçons	00:25.48	Rocher F (27/03/15-Rennes)	00:55.50	Rocher F (05/11/16-Rennes)	02:06.35	Rocher F (16/03/16-Angers)
	Filles	00:29.44	Bouteloup V (21/11/10-Dinard)	01:07.85	Bouteloup V (21/11/10-Dinard)	02:51.63	Journet C (23/02/19-Fougères)

NAGE LIBRE							
Cat. Av / Pou		25m	50m	100m	200m	400m	
9 ans et -	Garçons	00:21.78	Goltais R (20/11/10-Cesson)	00:38.27	Goltais R (31/03/12- Vitrea)	01:29.33	Goltais R (31/03/12- Vitrea)
	Filles	00:33.61	Benis A (19/11/11-Cesson)	00:43.78	Jamois Léa (01/04/17-Chateaugiron)	03:45.20	Landais M (26/06/16-Fougères)
10-11 ans	Garçons	00:18.63	Phillipoot B (16/03/19-Chateaugiron)	00:33.13	Goltais R (01/05/14-Avranches)	01:13.14	Goltais R (01/05/14-Avranches)
	Filles	00:19.51	Journet A (01/12/12-Cesson)	00:38.23	Cardona L (26/05/13-St Lo)	01:30.72	Cardona L (26/05/13-St Lo)
Cat. Benj et plus		50m		100m	200m	400m	800m
12-13 ans	Garçons	00:28.74	Landais M (19/10/19 - Fougères)	01:04.59	Goltais R (01/05/16-Avranches)	02:28.59	Landais M (08/12/19-Combours)
	Filles	00:32.34	Goltais S (24/05/14-Fougères)	01:14.52	Goltais S (01/05/14-Avranches)	02:54.69	Cardona L (29/03/15-Combours)
14-15 ans	Garçons	00:26.71	Landais A (15/05/16-Rennes)	00:59.24	Landais A (20/12/15-Chiolet)	02:16.54	Landais A (15/05/16-Rennes)
	Filles	00:29.99	Bunel M (11/06/17-Redon)	01:08.99	Bunel M (15/05/15-Rennes)	02:39.46	Favoron M (14/12/14-Redon)
16-17 ans	Garçons	00:27.14	Goltais R (24/03/19-Carentan)	01:00.21	Goltais R (19/10/19-Fougères)	02:22.04	Le Ray A (22/11/15-Redon)
	Filles	00:29.20	Bunel M (08/12/18-St Brieuc)	01:06.10	Bunel M (08/12/18-St Brieuc)	02:26.84	Favoron M (11/06/17-Redon)
18-20 ans	Garçons	00:25.56	Cardona Th (07/12/19-Fougères)	00:56.07	Cardona Th (16/11/19- Vitrea)	02:04.34	Cardona Th (16/11/19- Vitrea)
	Filles	00:29.46	Nicolas C (23/11/14-Rennes)	01:06.13	Goltais S (16/06/19-Rennes)	02:31.26	Favoron M (10/06/18-Rennes)
21-24 ans	Garçons	00:25.91	Dupont N (16/06/19-Rennes)	00:56.98	Dupont N (20/11/16-Fougères)	02:14.98	Dupont N (28/04/18-Rennes)
	Filles	00:29.20	Nicolas C (25/11/17-St Brieuc)	01:06.45	Nicolas C (28/04/18-Rennes)	02:53.75	Brossais E (11/11/21-Rennes)
25 ans et +	Garçons	00:25.48	Rocher F (27/03/15-Rennes)	00:55.50	Rocher F (05/11/16-Rennes)	02:06.35	Rocher F (16/03/16-Angers)
	Filles	00:29.44	Bouteloup V (21/11/10-Dinard)	01:07.85	Bouteloup V (21/11/10-Dinard)	02:51.63	Journet C (23/02/19-Fougères)